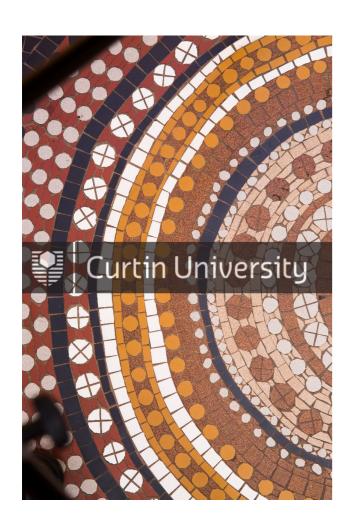


From research to the clinic: Understanding and using intervention evidence

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Presented online at the 1st International Developmental Language Disorder Research Conference (IDLDRC2021) 20-22 September 2021 – The DLD Project



Acknowledgement of Country

I would like to acknowledge the Whadjuk
Noongar people on whose lands Fremantle is
situated, and from where I am recording this
Keynote, and recognise their strength,
resilience and capacity.











Curtin University







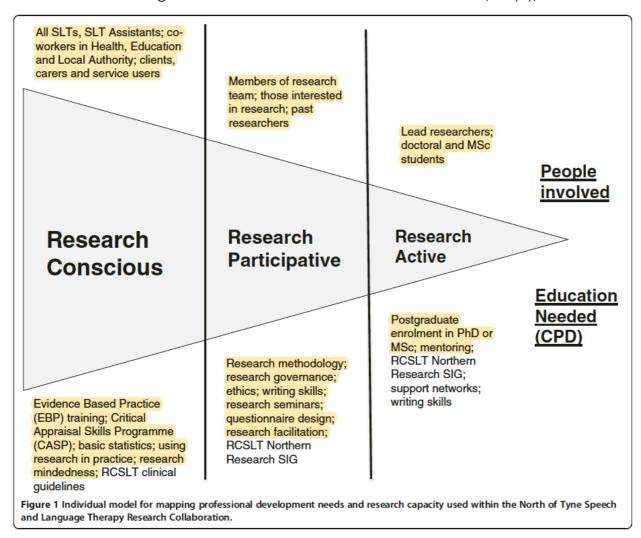


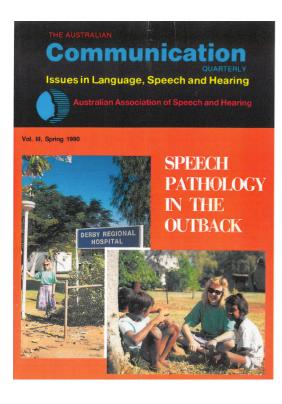






Whitworth, A., Haining, S., & Stringer, H. (2012). Enhancing research capacity across healthcare and higher education sectors: development and evaluation of an integrated model. *BMC Health Services Research*, 12(1), 1-10.





ARTICLE CARAWATHA LANGUAGE DEVELOPMENT CENTRE: A MODEL OF SERVICE DELIVER

by Suze Leitão, Speech Pathologist

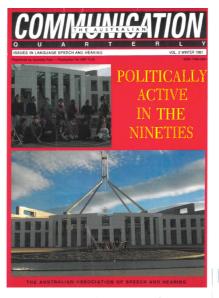
Carawatha Language Development Centre (LDC) is a gaz special school providing specialised language intervention of intensive basis. The LDC services an identified population children with normal nonverbal cognitive functioning w academic and social performance is limited by seriinadequate/disordered language development. In total, then 70 students enrolled at the LDC - 10 pre-primary (who at half-time) and 60 primary children, ranging in age from 4 t years. There are a maximum of 10 children per class. Minir attendance is usually 18 months to 2 years and maximum to 5 years. Speech pathology provision for the LDC consis one half-time speech pathologist (SP).

A half-time SP for a caseload of approximately 70 childre a specialist centre means that many service needs are only par met due to time constraints. Such a situation leads to pers stress for the SP involved, along with a feeling of constantly doing the job properly" which is also perceived by other staff and parents. In order to address these issues a numbsteps were taken.

Firstly, a detailed job analysis was put together, in orde analyse the specific job requirements of the particular SP pos at the LDC. This involved looking at the following areas:

- planning of annual workload (including referral/exit proced
- undertaking of caseload
- implementation of therapy
- attendance at meetings
- reactions to requests for information/feedback
- provision of statistics/administrative demands
- professional development (personal)
- professional development (of others)
- student supervision

This analysis provided an overview of the demands being n on the SPs' time and, therefore, a focus for future plannin



The Carawatha L.A.T. - Assessment of the School Age Language Disordered Child

by Leanne Auen and Suzi Leitão

Servicing the school age language disordered population presents many challenges. The research literature of the 1980s has alerted speech pathologists to the relationships between oral language and the development of early literacy. However, these theoretical insights have preceded the development of associated assessment tools and intervention methodologies. Whilst it is common for practice to lag behind theory in this way, the extent of the theory/practice gap is of significant clinical concern as we head into the 90's.

In WA, a number of informal metalinguistic and narrative assessments have been devised by clinicians in an attempt to address this problem. Some of this work has been carried out at the Language Development Centres (LDCs). These are education support schools which provide specialised language intervention as part of a whole education program. Integrating speech pathology and educational objectives in this setting foregrounds the need for appropriate assessment tools. The Carawatha Language Assessment Tool (LAT) represents an attempt to formalise and extend existing assessment procedures for the school age population. The aim of this article is to share the work to date on this project.

The Carawatha Language Assessment Tool

Specific Objectives

- To develop a tool that can be used:
- 1. for monitoring individual progress;
- 2. for collection of data that is clinically useful in programming language goals for school age language disordered children; 3. to facilitate a collaborative team approach to management;
- 4. to establish a data base for long term evaluation of clinical
- 5. for general research purposes, e.g. development of profiling systems, comparison of clinical populations.

LITERACY

ANGELA'S STORY

Applying psycholinguistic principles to spelling and word learning

This article was peer reviewed

This article presents a case study to illustrate the application of theory and research to intervention for a child with dyslexia and auditory processing disorder (APD). The use of the specch processing profile developed by Joy Stackhouse and Bill Wells provided a framework

lexical retrieval,

Literature review







Language and Literacy in Young People

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Research areas

#DevLangDis
#SLCN
#HRQOL
#Dyslexia
#MentalHealth
#YouthJustice

developmental language disorder (DLD)
speech, language and communication needs
health related quality of life
dyslexia and disorders of reading and spelling
impact of living with DLD and dyslexia
communication and youth justice

























Seeking the 'silver bullet'



I have a client with 'X'.

What is the best programme

to work on 'X'?

I am looking for the latest treatment for X....

"Evidence-based' has become in many ways, a meaningless marketing term – used to signal quality

But.....

In many ways there seems to be an inverse relationship between the extent to which a therapy/intervention is described as 'evidence-based' and the quality of evidence supporting it use

Evidence is not a binary concept
There are levels of evidence and quality is key



| What do we really want to know????? | | |
|-------------------------------------|---|--|
| For Who | Client group | |
| What (and How) | Intervention approach/programme Active ingredients (dose form) Mechanism of change | |
| Works | Level of evidence Feasibility, efficacy, effectiveness, cost effectiveness Outcomes | |
| Best | Define success (Goal setting) Outcome measures (develop) Functional Impact Perspective – client/clinician/other | |
| When and Where | Setting/Context Clinician factors Timing, intensity, dosage, delivery method | |
| And maybe how much | Cost – to service, to clients and family Money Time 'Opportunity cost' | |

Our ethical and professional responsibility:

- The applicant must have demonstrated knowledge of processes used in research and of the integration of research principles into evidence-based clinical practice. (Standard IV-F; ASHA 2020 Standards and Implementation Procedures for the Certificate of Clinical Competence in Speech-Language Pathology)
- 1.1. Provide ethical and evidence-based practice (SPA Professional standards)
- Speech and language therapists take an evidence-based approach to practice, and are a research-active profession (https://www.rcslt.org/help-and-support/research-overview/#)

The traditional EBP triangle + context



Understanding the evidence

Reading the research: what do we need to know to understand and use it?

External research evidence

Clinical decision making

Clinical expertise Theory Clinician factors Client/context values/beliefs/culture Client factors

Broad questions to ask of a research paper

• "Is this treatment or intervention beneficial?" — to read, understand and evaluate the research that has been done

BUT IF EMPIRICAL SUPPORT IS LACKING

 "Should this treatment or intervention work?" – understand the underlying theory, the nature of the language disorder and the proposed mechanism of therapeutic change

(questions based on Clark, 2003)

| FROM RESEARCH TO THE CLINIC | | | | | |
|-----------------------------|-------------------------|-------------------|--------------------------------------|--------------------|--|
| Ask the right questions | Find the right articles | Read the articles | Evaluate and understand the articles | Apply the research | |
| | | | | | |
| | | © | | | |

So.....did the researchers.....

| WHAT TO ASK | RESOURCES TO HELP | |
|--|--|--|
| Ask the right question(s)? | I will cover these in subsequent slides based on: Hoffmann, T., Bennett, S., & Del Mar, C. | |
| Choose the correct design to investigate the question? | (2017). Evidence-Based Practice Across the Health Professions-E-pub. Elsevier Health Sciences. | |
| Report on the minimum amount of key information? | https://www.equator-network.org/toolkits/peer-reviewing-research/ | |
| Do a good enough job? Can we be confident in | https://casp-uk.net/ | |
| using the research in our clinic? | Ethical decision making: Should I use this therapy approach? Speech Pathology Australia | |
| | This document is provided as a resource to quide our thinking as clinicians in choosing | |

This document is provided as a resource to guide our thinking as clinicians in choosing therapy approaches to implement with our clients in an ethical and professional manner, whilst considering theory and evidence.

The questions ask us to consider what we already know and what other information we might seek to help us in our decision making.

https://www.equator-network.org/toolkits/peerreviewing-research/



Enhancing the QUAlity and Transparency Of health Research



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Home > Toolkits > Peer reviewing research

Peer reviewing research

Welcome to our toolkit for peer reviewing health research!

Using the resources you find here will help you decide whether a research manuscript contains enough detail to judge its quality

- · Learn about using reporting guidelines to help your peer review
- · Peer review training and guides from higher education institutions and publishers
- · Peer review in the news and literature

Reporting guidelines in peer review

Reporting guidelines are tools for health researchers to use while writing manuscripts. They provide minimum lists of information needed to ensure a manuscript can be

- · Understood by a reader.
- · Replicated by a researcher,
- · Used by a doctor to make a clinical decision, and
- · Included in a systematic review.

Reporting guidelines are also helpful for reviewers. If the information required by a reporting guideline is not included in a manuscript, then you cannot properly judge the quality of that study. In 2012, we found that around 35% of journals offered freely accessible online instructions about their peer review process and, of those, about half mentioned reporting guidelines.

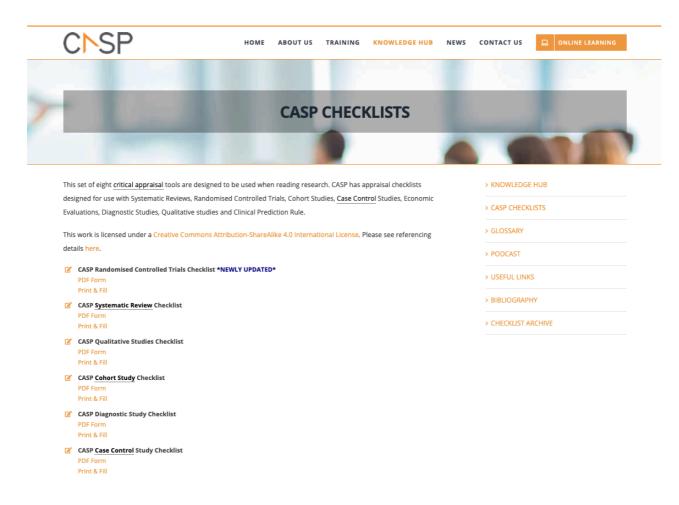


Reporting guidelines for main study types

| Randomised trials | CONSORT | Extensions |
|-----------------------|---------------|-------------------|
| Observational studies | STROBE | Extensions |
| Systematic reviews | <u>PRISMA</u> | Extensions |
| Study protocols | <u>SPIRIT</u> | PRISMA-P |
| Diagnostic/prognostic | STARD | TRIPOD |
| studies | | |
| Case reports | CARE | Extensions |
| Clinical practice | <u>AGREE</u> | RIGHT |
| <u>guidelines</u> | | |
| Qualitative research | SRQR | COREQ |
| Animal pre-clinical | <u>ARRIVE</u> | |
| studies | | |
| Quality improvement | SQUIRE | Extensions |
| <u>studies</u> | | |
| Economic evaluations | <u>CHEERS</u> | |

Toolkits

https://casp-uk.net/casp-tools-checklists/



Infusing <u>evidence based practice</u> into our clinical decision making



| Туре | Study Design | on speechBITE |
|-------------|---|--|
| Level 1 | Systematic review of randomised controlled trials | All systematic reviews are listed first in search results. Systematic reviews are not rated. |
| Level 11 | Randomised controlled trials | Randomised controlled trials are listed second in the search results. Randomised controlled trials are rated on the PEDro-P scale for methodological quality. |
| Level 111-1 | Pseudo-randomised controlled trials (i.e. using alternate allocation or some other non-random method) | Indexed as non-randomised controlled trials and listed third on speechBITE. Non-randomised controlled trials are rated on the PEDro-P scale for methodological quality. |
| Level 111-2 | A comparative study with concurrent controls: non-randomised experimental trial, cohort study, case-control study or interrupted time series | Indexed as non-randomised controlled trials and listed third on speechBITE. Non-randomised controlled trials are rated on the PEDro-P scale for methodological quality. |
| Level 111-3 | A comparative study without concurrent controls: historical control study, two or more single arm study, interrupted time series without a parallel control group | Indexed as non-randomised controlled trials and listed third on speechBITE. Non-randomised controlled trials are rated on the PEDro-P scale for methodological quality. |
| Level 4 | Case series with either post-test or pre-test/post-test outcomes | Case series with both pre-test/post-test outcomes are listed fourth on speechBITE. Case series are not rated for quality on speechBITE. |

NHMRC levels of evidence from http://speechbite.com/faqs/



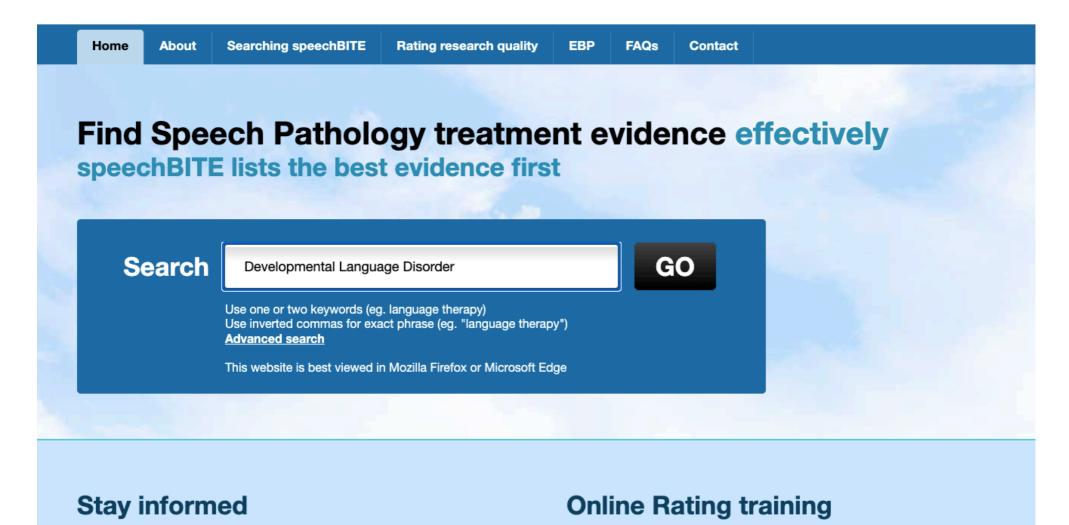
* There are now more frameworks of levels of evidence specifically for single subject research designs

| | | Questions to consider |
|--------------------|--|---|
| For Who | Client group | How close are the participants to my clients (who was left out?) |
| What (and How) | Intervention approach/programme Active ingredients (dose form) Mechanism of change | How well is the Ix described Do you know what to do? Is there a theoretical underpinning? Can you access the programme? |
| Works | Level of evidence Feasibility, efficacy, effectiveness, cost effectiveness Outcomes | What is the research design? Does it match the research question? How strong and reliable is the evidence? |
| Best | Define success (Goal setting) Outcome measures (develop) Functional impact Perspectives – client/clinician/other | How was 'success' defined? What (outcome) measures were used? Can I do this with my clients? |
| When and Where | Setting/Context Clinician factors Timing, intensity, dosage, delivery method | Can I do the Ix in my workplace setting? Do I have the knowledge/skills or do I need to do some training/reading? |
| And maybe how much | Cost – to service, to clients and family Money; Time; 'Opportunity cost' | Overall, is this Ix 'right' for my client and family? |



Speech Pathology Database for Best Interventions and Treatment Efficacy





Advanced search

| Keywords | Developmental Language Disorder | |
|----------------------------------|--|------------------|
| | Use one or two keywords (eg. language therapy) Use inverted commas for exact phrase (eg. "language therapy") Use options below to search journals, author, date etc. | |
| Author | | |
| | eg. Smith P (no commas) | |
| Source | | |
| | eg. journal name, organisation name | |
| Year | From Choose → To Choose → eg. 2010 | |
| | | |
| Speech Pathology Practice Area | Language impairment - developmental eg. aphasia | |
| Type of intervention | Language therapy ~ | |
| | eg. language therapy | |
| Within this population | Language disorder (developmental) | |
| | eg. stroke | |
| Age group | Choose | |
| Type of service delivered | Choose | 112 results foun |
| Research Design | Choose | |
| | eg. randomised controlled trial | (, tagast 2021) |
| PEDro-P rating score of at least | /10 (for group studies) | |
| | Search | |

Level 1 evidence

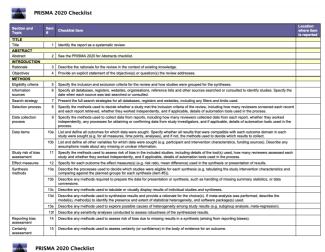
| | How it works | The types of questions that this research design is good at answering |
|-------------------|--|--|
| Systematic review | The literature is searched using transparent, explicit and pre- defined methods to identify all relevant studies and systematically synthesise the results | Depends on the topic of the SR but for today's talk: questions about the effectiveness of interventions: |
| | A SR synthesises findings from many research studies to answer a specific research question | e.g.Is this intervention effective?Is one intervention more effective than |
| | Can also include a meta-analysis usually combining/comparing each study's effect size to provide an estimate of clinical effect. | another? |

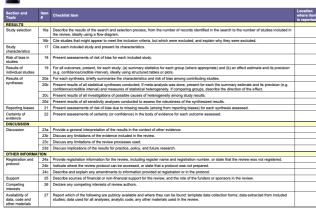
Source: Hoffman et al. (2017) Evidence-based practice across the health professions (3rd ed.), p.26-27

Level 1 evidence – 14 systematic reviews e.g.

| Frizelle P, Tolonen AK, Tulip J, Murphy CA, Saldana D, McKean C | | The Influence of Quantitative Intervention Dosage on Oral Language Outcomes for Children With Developmental Language Disorder: A Systematic Review and Narrative Synthesis | | Language, Speech, and Hearing Services in Schools | 2021 | Systematic Review |
|---|-------|--|---|--|------|----------------------|
| Cable AL, Domsch C | | Systematic review of the literature on the treatment of children with late language emergence | | International Journal of Language and Communication | 2011 | Systematic Review |
| Lowe H, Henry L, Mülle M, Joffe VL | r L- | Vocabulary intervention for adolescents with language disorder: a systematic review | | International Journal of Language and Communication Disorders | 2018 | Systematic Review |
| Law J, Garrett Z, Nye C | child | ech and language therapy interventions for dren with primary speech and language y and disorder | D | he Cochrane latabase of Systematic leviews | 2006 | Systematic Review |
| Law J, Garrett Z, Nye C | deve | efficacy of treatment for children with elopmental speech and language y/disorder: a meta-analysis | L | ournal of Speech, anguage, and Hearing esearch | 2004 | Systematic Review |

If it's a systematic review, it must be good? Not necessarily...... Still need to check





What to consider?

 The source articles within the SR need to be of good quality

and

 The SR itself should be carried out clearly and reported accurately

PRISMA checklist from Equator or App at: https://prisma.shinyapps.io/checklist/

A simpler checklist (based on Richards, 2010, Donohue et al, 2021)

| QUESTIONS | YES/NO | NOTES |
|--|--------|-------|
| Does the SR ask a clearly focused and relevant question? | | |
| Does the SR include the right 'types' of study (is the design appropriate for the question'? | | |
| Do the authors explain how they tried to include all the relevant studies? | | |
| Were all the relevant outcomes included? | | |
| What were the findings? Does it apply to my clinical practice/clients? | | |
| Should my clinical practice change as a result of this SR? | | |

Lowe, H., Henry, L., Müller, L. M., & Joffe, V. L. (2018). Vocabulary intervention for adolescents with language disorder: A systematic review. *International Journal of Language & Communication Disorders*, 53(2), 199-217.

- 13 studies met inclusion criteria (intervention effectiveness for participants aged 11;0 16;11 with language difficulties; aiming to enhance oral vocabulary)
- Strongest evidence for a combined phonological-semantic approach
- Some evidence that this is best if the Ix is embedded in a context such as narrative
- Bespoke outcome measures generally show more change than standardised

Frizelle, P., Tolonen, A. K., Tulip, J., Murphy, C. A., Saldana, D., & McKean, C. (2021). The influence of quantitative intervention dosage on oral language outcomes for children with developmental language disorder: A systematic review and narrative synthesis. *Language, Speech, and Hearing Services in Schools*, 52(2), 738-754

| For Who | 3-18 yr olds Diagnosis of DLD |
|----------------|---|
| What | Oral language interventions with vocabulary, morphosyntax or phonology outcomes (and experimental manipulation of dosage) |
| Works | 13 articles reported on experimental manipulation of dosage out of 244 3 for vocabulary, 8 for morphosyntax (and none for phonology) |
| Best | Dose frequency was most commonly reported Preliminary findings for morphosyntax suggest frequent short sessions or less frequent longer sessions are best A need to develop consistent outcome measures for vocabulary (and timing of administration) |
| When and Where | There is a point where more is not necessarily better for vcabulary but currently 36 exposures seems to be optimal dose for 5-6 yr old children with DLD Within session dose seems important in morphosyntax |

We need more research – and more detail will come on this work on Day 3 in the session on intervention

Level 2 evidence

| | How it works | The types of questions that this research design is good at answering |
|-----------------------------------|---|---|
| Randomised Controlled Trial (RCT) | Experimental study design, where participants are randomly allocated to two (or more) different groups that each receives a different intervention (or the control receives a placebo or waitlist condition). At the end of the trial the effects of the (different) intervention on the outcome(s) are measured | Is this intervention effective? Is one intervention more effective than another? |

Source: Hoffman et al. (2017) Evidence-based practice across the health professions (3rd ed.), p.26-27

Level 2 evidence: 25 RCTs e.g.

| Calder SD, Claessen M, Ebbels S, Leitao S | The Efficacy of an Explicit Intervention Approach to Improve Past Tense Marking for Early School-Age Children with Developmental Language Disorder | Journal of Speech, Language, and Hearing Research | | 2021 | Randomised Controlled Trial |
|--|---|---|--|------|--------------------------------|
| Calder SD, Claessen M, Ebbels S, Leitao S | Explicit Grammar Intervention in Young School-Aged Children with Developmental Language Disorder: An Efficacy Study Using Single-Case Experimental Design | _ | guage, Speech, and ring Services in pols | 2020 | Single Case Design |
| Dawes E, Leitão S, Claessen M, Kane R | A randomized controlled trial of an oral inferential comprehension intervention for young children with developmental language disorder | Child Language Teaching and Therapy | | 2019 | Randomised Controlled Trial |
| Smith-Lock KM, Leitão S, Prior P, Nickels L | The Effectiveness of Two Grammar Treatment Procedures for Children With SLI: A Randomized Clinical Trial | _ | age, Speech, and g Services in ls | 2015 | Randomised Controlled Trial |

Level 2: RCT example

• Dawes, E., Leitão, S., Claessen, M., & Kane, R. (2019). A randomized controlled trial of an oral inferential comprehension intervention for young children with developmental language disorder. *Child Language Teaching and Therapy*, 35(1), 39-54.

Oral Inferential Comprehension

Intervention targets:

- Inferential and literal comprehension of narrative
- Narrative retell ability (macrostructure and microstructure).
- Theory of mind.

Intervention principles

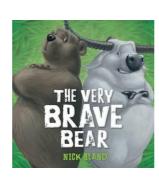
- Open-ended inferential questions during dialogic book-sharing.
- Think alouds (e.g. I wonder..., I think...).
- Repeated, interactive reading.
- Explicit focus on inferencing
- Explicit learning goals.
- Relate the story to personal experiences and make predictions.
- Focus on theory of mind.
- Scaffolding.
- Use **graphic organisers** (story grammar icons & story map).
- Meta-narrative awareness what makes a good story?

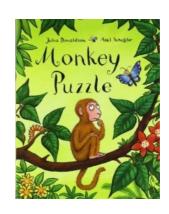
Oral Inferential Comprehension Intervention

- Four narratives
- Four sessions per narrative

Session 1 and Session 2

- Book sharing
- Higher level vocabulary (e.g. Slimy, mighty, splendid)
- Story map (retelling)





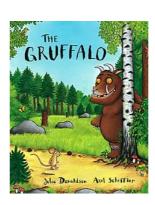
Oral Inferential Comprehension Intervention

Session 3

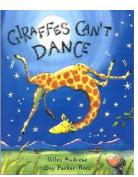
- Book sharing
- Retelling
- Character emotions link to personal experiences (e.g. worried, frightened, excited)

Session 4

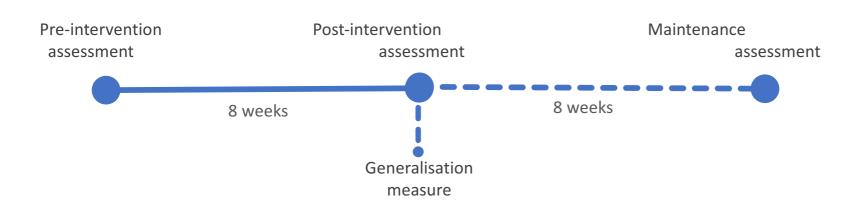
- Book sharing
- Retelling
- Prediction







- 37 participants (aged 5 to 6 years) with DLD.
- Random allocation:
 - Inferential comprehension (IC) intervention (n = 19).
 - Control phonological awareness (PA) intervention (n = 18).
- Small groups (3 4 children).
- 8 week intervention (two 30-minute sessions per week).

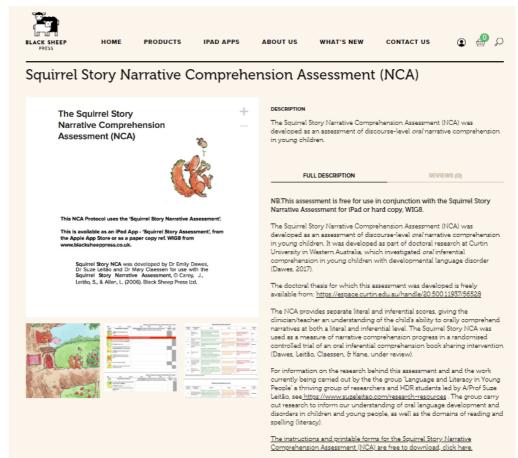


The Squirrel Story NCA

The NCA is freely available via:

https://www.blacksheeppress.co.uk/product/squirrel -story-narrative-comprehension-assessment-nca/ Administered using the iPad or hard copy versions of the Squirrel Story Narrative (available from Black Sheep Press Ltd.) or via LaLYP site

Dawes, E. Leitão, S., Claessen, M. (2019) Oral literal and inferential narrative comprehension in young typically developing children and children with developmental language disorder, *International Journal of Speech-Language Pathology*. 21 (3), 275-285.



Interactive PDFs for the two Question, Response & Scoring Forms are

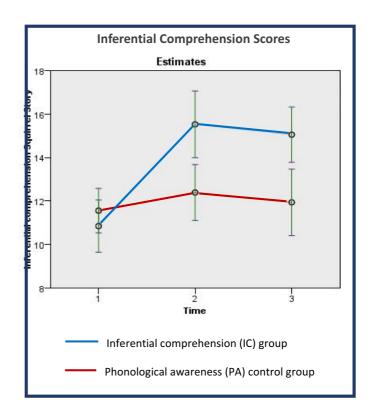
Results

Narrative comprehension assessment (The Squirrel Story)

- 1. Pre-intervention
- 2. Post-intervention
- 3. Maintenance

Inferential comprehension

- Significant time effect for IC group (p < .001), but not PA group (p = .315).
- IC group showed significant improvement from pre- to post-intervention (p < .001).





CONSORT 2010 checklist of information to include when reporting a randomised trial*

| Section/Topic | Item No | Checklist item | Reported on page No |
|--------------------------|------------|---|------------------------|
| Title and abstract | | | |
| | 1a | Identification as a randomised trial in the title | 39 |
| | 1b | Structured summary of trial design, methods, results, and conclusions (for specific guidance see CONSORT for abstracts) | (39) |
| Introduction | | | |
| Background and | 2a | Scientific background and explanation of rationale | 40-42 |
| objectives | 2b | Specific objectives or hypotheses | 42 |
| Methods | | | |
| Trial design | 3a | Description of trial design (such as parallel, factorial) including allocation ratio | - |
| | 3b | Important changes to methods after trial commencement (such as eligibility criteria), with reasons | - |
| Participants | 4a | Eligibility criteria for participants | 43 |
| | 4b | Settings and locations where the data were collected | 43 |
| Interventions | 5 | The interventions for each group with sufficient details to allow replication, including how and when they were | 44-46 + |
| | | actually administered | on-line |
| Outcomes | 6a | Completely defined pre-specified primary and secondary outcome measures, including how and when they were assessed | 43-44 |
| | 6b | Any changes to trial outcomes after the trial commenced, with reasons | - |
| Sample size | 7a | How sample size was determined | 47 |
| | 7b | When applicable, explanation of any interim analyses and stopping guidelines | - |
| Randomisation: | | | |
| Sequence | 8a | Method used to generate the random allocation sequence | |
| generation | 8b | Type of randomisation; details of any restriction (such as blocking and block size) | (44) |
| Allocation | 9 | Mechanism used to implement the random allocation sequence (such as sequentially numbered containers), | - |
| concealment mechanism | | describing any steps taken to conceal the sequence until interventions were assigned | |
| Implementation | 10 | Who generated the random allocation sequence, who enrolled participants, and who assigned participants to interventions | - |

CONSORT 2010 checklist Page

| Blinding | 119 | If done, who was blinded after assignment to interventions (for example, participants, care providers, those | 44 |
|----------------------|-----|--|-------|
| | | assessing outcomes) and how | |
| | 11b | If relevant, description of the similarity of interventions | |
| Statistical methods | 12a | Statistical methods used to compare groups for primary and secondary outcomes | 47-49 |
| Judistroai IIIourous | 12b | Methods for additional analyses, such as subgroup analyses and adjusted analyses | 41-40 |
| | 120 | methods for additional analyses, such as subgroup analyses and adjusted analyses | |
| Results | | | |
| Participant flow (a | 13a | For each group, the numbers of participants who were randomly assigned, received intended treatment, and | 44 |
| liagram is strongly | | were analysed for the primary outcome | |
| ecommended) | 13b | For each group, losses and exclusions after randomisation, together with reasons | - |
| Recruitment | 14a | Dates defining the periods of recruitment and follow-up | 43 |
| | 14b | Why the trial ended or was stopped | - |
| Baseline data | 15 | A table showing baseline demographic and clinical characteristics for each group | - |
| Numbers analysed | 16 | For each group, number of participants (denominator) included in each analysis and whether the analysis was | 47-49 |
| | | by original assigned groups | |
| Outcomes and | 17a | For each primary and secondary outcome, results for each group, and the estimated effect size and its | 47-49 |
| estimation | | precision (such as 95% confidence interval) | |
| | 17b | For binary outcomes, presentation of both absolute and relative effect sizes is recommended | - |
| Ancillary analyses | 18 | Results of any other analyses performed, including subgroup analyses and adjusted analyses, distinguishing | - |
| | | pre-specified from exploratory | |
| larms | 19 | All important harms or unintended effects in each group (for specific guidance see CONSORT for harms) | - |
| Discussion | | | |
| imitations | 20 | Trial limitations, addressing sources of potential bias, imprecision, and, if relevant, multiplicity of analyses | 50 |
| Generalisability | 21 | Generalisability (external validity, applicability) of the trial findings | 50-51 |
| | 22 | Interpretation consistent with results, balancing benefits and harms, and considering other relevant evidence | 49-51 |
| nterpretation | 22 | interpretation consistent with results, balancing benefits and narms, and considering other relevant evidence | 49-51 |
| Other information | | | |
| Registration | 23 | Registration number and name of trial registry | - |
| Protocol | 24 | Where the full trial protocol can be accessed, if available | - |
| Funding | 25 | Sources of funding and other support (such as supply of drugs), role of funders | 51 |

^{*}We strongly recommend reading this statement in conjunction with the CONSORT 2010 Explanation and Elaboration for important clarifications on all the items. If relevant, we also recommend reading CONSORT extensions for cluster randomised trials, non-inferiority and equivalence trials, non-pharmacological treatments, herbal interventions, and pragmatic trials. Additional extensions are forthcoming: for those and for up to date references relevant to this checklist, see www.consort-statement.org.

CONSORT 2010 checkāst Page II

| Critical Appraisal checklist for an RCT (Dawes et al, 2019) | |
|--|-----------------------|
| Did the study address a clearly focused research question? | YES |
| Was the assignment of participants to interventions randomised? | YES |
| Were all participants who entered the study accounted for at its conclusion? | YES |
| Were the participants 'blind' to intervention they were given? • Were the investigators 'blind' to the intervention they were giving to participants? • Were the people assessing/analysing outcome/s 'blinded'? | ? NO YES |
| Were the study groups similar at the start of the randomised controlled trial? | YES |
| Apart from the experimental intervention, did each study group receive the same level of care (that is, were they treated equally)? | YES |
| Were the effects of intervention reported comprehensively? | YES |
| Was the precision of the estimate of the intervention or treatment effect reported? | NO |
| Do the benefits of the experimental intervention outweigh the harms and costs? | How does |
| Can the results be applied to your local population/in your context? | this Ix apply to your |
| Would the experimental intervention provide greater value to the people in your care than any of the existing interventions? | client(s)? |

Dawes, E., Leitão, S., Claessen, M., & Kane, R. (2019). A randomized controlled trial of an oral inferential comprehension intervention for young children with developmental language disorder. *Child Language Teaching and Therapy*, 35(1), 39-54.

| For Who | 5-6 yr olds Diagnosis of DLD |
|----------------|---|
| What | Inferential comprehension Ix – content/design based on a lit review + profiling study Principles are described (Table 2 + examples Table 3) Outline of sessions (Table 4) Full programme can be downloaded freely from: https://www.languageandliteracyinyoungpeople.com/apps-resources |
| Works | RCT – compared to control group significant increase for treatment group in inferencing pre-post, maintained over time and generalised |
| Best | Bespoke Narrative Comprehension Assessments (literal and inferential comprehension) |
| When and Where | Small group in a school context led by a speech pathologist |

Inferential Comprehension Intervention (Dawes, Leitão & Claessen, 2nd Ed 2019)

If YES?



Freely available to download and use

https://www.languageandliteracyinyoungpeople.com/apps-resources

FREE: ORAL INFERENTIAL COMPREHENSION INTERVENTION

This is a freely available 16 session small group intervention programme targeting oral inferential comprehension of narratives. It was evaluated in a randomised controlled trial with young children with developmental language disorder, reported in https://espace.curtin.edu.au/handle/20.500.11937/56528 and soon to be published in a peer reviewed journal.

ACCESS THE ORAL INFERENTIAL INTERVENTION PROGRAMME HERE

Level 3 evidence

| | How it works | The types of questions that this research design is good at answering |
|----------------------------------|---|--|
| Non-randomised controlled design | Experimental study that is the same as an RCT but there is no randomisation of participants to the intervention/control groups. | Questions about: Effectiveness of interventions |
| | Allocation to groups is usually based on convenience groupings, and this can introduce sampling bias. | (but because of the potential sampling bias we cannot be as sure that there were not differences between the groups that influenced the outcomes.) |

Source: Hoffman et al. (2017) Evidence-based practice across the health professions (3rd ed.),

Level 3 evidence: 14 Non Randomised Controlled trials e.g.

| Authors | Title | Source | Year | Research Design | Rating Score | |
|--|---|--|------|--|-----------------|--|
| Smith-Lock K, Leitao S, Lambert L, Nickels L | Effective intervention for expressive grammar in children with specific language impairment | International Journal of Language and Communication Disorders | 2013 | Non Randomised Controlled Trial | | |
| Smith-Lock K, Leitão S, Lambert L, Prior P, Dunn A, Cronje J, Newhouse S, Nickels L | Daily or weekly? The role of treatment frequency in the effectiveness of grammar treatment for children with specific language impairment | International Journal of Speech-Language Pathology | 2013 | Non Randomised Controlled Trial | | |

Level 3: Non RCT example

• Smith-Lock, K. M., Leitao, S., Lambert, L., & Nickels, L. (2013). Effective intervention for expressive grammar in children with specific language impairment. *International Journal of Language & Communication Disorders*, 48(3), 265-282.

Smith-Lock, K. M., Leitao, S., Lambert, L., & Nickels, L. (2013). Effective intervention for expressive grammar in children with specific language impairment. *International Journal of Language & Communication Disorders*, 48(3), 265-282.

| For Who | 5 yr olds Diagnosis of DLD |
|----------------|--|
| What | Explicit teaching of grammar targets in a large group followed by use of implicit techniques in smaller groups (modeling, focused stimulation, recasting, elicited imitation) |
| Works | Quasi experimental (2 groups not randomised) Compared to the control group, a significant increase for treatment group prepost (2 pre Tx assessments showed stability, post Ax showed sig increase) |
| Best | Individually selected targets; bespoke measure the GET (grammar elicitation test) Significant improvement in grammar (large effect size) for children in Grammar Ix and not Control Ix (who improved in the control goals) (individual analysis showed tx effect significant for most) |
| When and Where | Small group in a school context led by a speech pathologist or teacher or teaching assistant Ix - 1 hour per week for 8 weeks |

And:

Weekly Ix over 8 weeks more effective than daily over 8 days

Smith-Lock, K., Leitão, S., Lambert, L., Prior, P., Dunn, A., Cronje, J., ... & Nickels, L. (2013). Daily or weekly? The role of treatment frequency in the effectiveness of grammar treatment for children with specific language impairment. *International Journal of Speech-Language Pathology*, 15(3), 255-267.

Treatment techniques that use modelling + recasting and involve child production *more effective* than those using modelling + recasting without child production

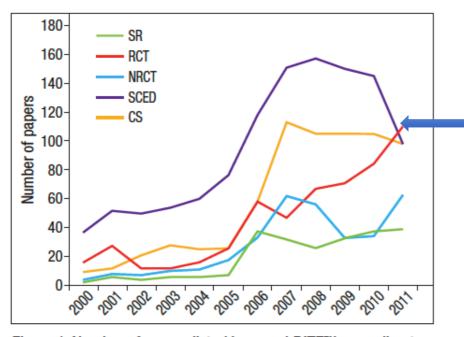
Smith-Lock, K. M., Leitão, S., Prior, P., & Nickels, L. (2015). The effectiveness of two grammar treatment procedures for children with SLI: A randomized clinical trial. *Language, Speech, and Hearing Services in Schools*, 46(4), 312-324.

Level 3-4 evidence

| | How it works | The types of questions that this research design is good at answering |
|---------------------------------|---|---|
| Single case experimental design | Experimental study design where an individual's response to intervention is measured over time. Experimental as the design incorporates 'control' Measurements of the outcome(s) of interest are taken before, during and after the intervention; and usually after some follow-up period | Questions about effectiveness of interventions: Is this intervention effective? Is one intervention more effective than another? |
| Case series | A <u>descriptive</u> report on a series of clients (i.e. cases), who have an outcome or health condition of interest, or who received the intervention being studied. Descriptive as the design does not include control. | (for an individual) Emerging phenomena, health conditions or new forms of intervention (pilot studies or feasibility studies) |

A bird's eye view of speechBITE

JCPSLP 2013, 15(3) Munro et al



In 2013
CASE SERIES (DESCRIPTIVE)
and SCEDS (EXPERIMENTAL) =
most frequent research
designs

Figure 1. Number of papers listed in speechBITE™ according to year of publication from 2000–2011 and research design

Note: SR = systematic review, RCT = randomised controlled trial,

NRCT = non-randomised controlled trial, SCED = single-case

experimental design and CS = case series.

*August 2021: 1240 studies classified as case series 2182 studies classified as single case designs Logan, L. R., Hickman, R. R., Harris, S. R., & Heriza, C. B. (2008). Single-subject research design: recommendations for levels of evidence and quality rating. *Developmental medicine & child neurology*, 50(2), 99-103.

Tate, R. L., Perdices, M., Rosenkoetter, U., Shadish, W., Vohra, S., Barlow, D. H., ... & Wilson, B. (2016). The single-case reporting guideline in behavioural interventions (SCRIBE) 2016 statement. *Physical Therapy*, *96*(7), e1-e10.

Table I: Levels of evidence for single-subject research designs (SSRDs)

| Level | Evidence |
|-------|--|
| I | Randomized controlled N-of-1 (RCT), alternating treatment (ATD), and concurrent or non-concurrent multiple baseline designs (MBDs) ^a with clear-cut results; generalizability if the ATD is replicated across three or more subjects and the MBD design consists of a minimum of three subjects, behaviors, or settings. These designs can provide causal inferences. |
| П | Non-randomized, controlled, concurrent MBD ^a with clear-cut results; generalizability if design consists of a minimum of three subjects, behaviors, or settings; limited causal inferences. |
| Ш | Non-randomized, non-concurrent, controlled MBD ^a with clear-cut results; generalizability if design consists of a minimum of three subjects, behaviors, or settings; limited causal inferences. |
| IV | Non-randomized, controlled SSRDs with at least three phases (ABA, ABAB, BAB, etc.) with clear-cut results; generalizability if replicated across five or more different subjects; only hints at causal inferences. |
| v | Non-randomized controlled AB single-subject research design with clear-cut results; generalizability if replicated across three or more different subjects; suggests causal inferences allowing for testing of ideas. |

^aIf the intervention(s) is known to be successful, a baseline or control phase is not required.



Oxford levels of evidence have SCEDs at LEVEL 3b with control, and case series at LEVEL 4

https://www.cebm.ox.ac.uk/resources/levels-of-evidence/oxford-centre-for-evidence-based-medicine-levels-of-evidence-march-2009

Level 3 evidence: 37 SCEDS

| Calder SD, Claessen M, Ebbels S, Leitao S | Explicit Grammar Intervention in Young School-Aged Children with Developmental Language Disorder: An Efficacy Study Using Single-Case Experimental Design | Language, Speech, and Hearing Services in Schools | 2020 | Single Case Design |
|---|---|--|------|-----------------------|
| Calder SD, Claessen M, Leitão S | Combining implicit and explicit intervention approaches to target grammar in young children with Developmental Language Disorder | Child Language Teaching and Therapy | 2018 | Single Case Design |

Level 4 Evidence

• Calder, S. D., Claessen, M., Ebbels, S., & Leitão, S. (2020). Explicit grammar intervention in young school-aged children with developmental language disorder: An efficacy study using single-case experimental design. *Language, speech, and hearing services in schools*, *51*(2), 298-316.

Calder, S. D., Claessen, M., Ebbels, S., & Leitão, S. (2020). Explicit grammar intervention in young schoolaged children with developmental language disorder: An efficacy study using single-case experimental design. *Language, speech, and hearing services in schools*, *51*(2), 298-316

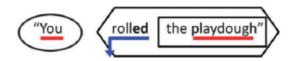
| For Who | 5-6 yr olds DLD Grammatical difficulties |
|----------------|--|
| What | Theoretically Motivated Past Tense Intervention (TheMEDI) Dose form is explicit intervention combining metalinguistic training using the SHAPE CODING system All session plans can be downloaded freely from: https://www.languageandliteracyinyoungpeople.com/apps-resources |
| Works | ABA across-participant multiple-baseline SCED, including a minimum of five data points (i.e., sessions) for each phase Target and generalisation (past tense), extension (third person singular) and control targets (possessive 's) Replicated and built on earlier pilot studies |
| Best | Structured Photographic Expressive Language test 3 rd Ed (standardised) Bespoke measures of expressive morphosyntax (GET) and grammaticality judgment (GJT) of trained and untrained targets + extension and control |
| When and Where | Individually twice a week for 20-to 30-min sessions for 10 weeks with a speech pathologist |

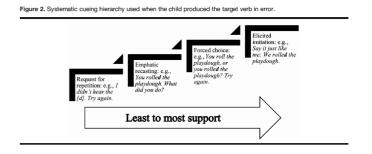
(Calder, Claessen, Ebbels & Leitao 2020)

If YES?



Session Plans/Programme freely available to download and use https://www.languageandliteracyinyoungpeople.com/apps-resources





Level 3/4 evidence: 21 case series

| Glisson L, Leitão S, Claessen M Evaluating the efficacy of a small-group oral narrative intervention programme for pre-primary children with narrative difficulties in a mainstream school setting | Australian Journal of Learning Difficulties | 2019 | Case Series | |
|---|--|------|-------------|--|
|---|--|------|-------------|--|

^{*(}This study does use control so is more like a SCED)

Level 3/4 example:

• Glisson, L., Leitão, S., & Claessen, M. (2019). Evaluating the efficacy of a small-group oral narrative intervention programme for pre-primary children with narrative difficulties in a mainstream school setting. *Australian Journal of Learning Difficulties*, 24(1), 1-20.

The ONIP – Macrostructure approach

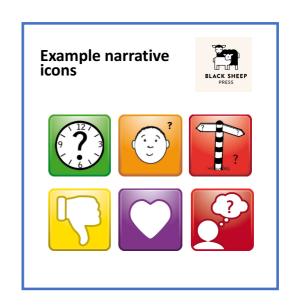
Directly treat macrostructure (story grammar):

Metalinguistic and explicit instruction:

- Explicit teaching scripts, icons and gestures for macrostructure elements, and
- graphic organisers (story boards) for text comprehension and production.

Repeated book shares:

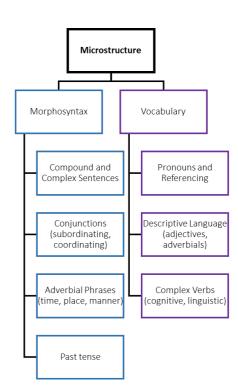
- Activating prior knowledge of the theme or plot,
- Identifying narrative macrostructure elements, and
- Answering discourse comprehension questions.
- Repeated models and demonstrations.
- Multiple opportunities to retell and generate stories.



The ONIP – Microstructure approach

Implicit facilitation of microstructure features in the context of narrative:

- Multiple opportunities to engage in listening, retelling and generating stories.
- Modelling using modified scripts:
 - Consistent sentence frames for macrostructure inclusion e.g.:
 - "Suddenly,..."
 - "He felt..."
 - "So, he decided to..."
- Scripted language facilitation techniques:
 - recasting, rephrasing,
 - expanding/extending, adding language, and
 - vertical structuring.



The ONIP:

- Small group intervention (3-4 students per group)
- 6-week programme, to easily fit into a school term
- Delivered in 30-40 minute sessions, 3 times a week
- Uses well-known children's books as the therapy context
- Uses a gradual release of responsibility model (I Do, We Do, You Do)
- 18 sessions in total
- Two phases of the programme:
 - Phase 1 9 sessions (3 weeks) to teach narrative macrostructure knowledge
 - Phase 2 9 sessions (3 weeks) to *apply* narrative macrostructure knowledge to 3 different stories and practise narrative retelling

Bespoke causal 'kick-off' pictures







"Look at the picture and think of a story to tell me. Oh, something's happening. Can you tell me a story about what's happening in the picture?"

Verbal prompts: "Yeah?"; "Mhmm"; "Anything else?" / "Is that it?"

Non-verbal prompts: *Nodding; Smiling and waiting expectantly*

Did macrostructure change on the TNL?

| P | NLAI | | Clinical Category | |
|----|------|------|-------------------|------------|
| | Pre | Post | Pre | Post |
| 1 | 85 | 106 | Below Ave | Ave* |
| 2 | 46 | 61 | Very Poor | Very Poor |
| 3 | 73 | 103 | Poor | Ave** |
| 4 | 82 | 94 | Below Ave | Ave* |
| 5 | 85 | 91 | Below Ave | Ave* |
| 6 | 91 | 97 | Ave | Ave |
| 7 | 73 | 91 | Poor | Ave** |
| 8 | 55 | 73 | Very Poor | Poor * |
| 9 | 70 | 85 | Poor | Below Ave* |
| 10 | 70 | 106 | Poor | Ave** |
| 11 | 88 | 106 | Below Ave | Ave* |

Did macro- and micro- structure change on our bespoke measure?

| Repeated Measure | Significant Change (Out of 11) | Medium - Large Effect Size (Out of 11) | Hypothesis Supported? |
|-------------------------------|--------------------------------------|--|--------------------------|
| Total Macrostructure Score | 7 | 8 | ✓ |
| Conjunctions | 8 | 8 | \checkmark |
| Adverbials | 6 | 7 | \checkmark |
| Adjectives | 3 | 4 | * |
| Complex C-units | 0 | 0 | × |

Effect size (Cohen's d)

.2-.5 = small effect

.5- .8 = medium effect

>.8 = large effect

Glisson, L., Leitão, S., & Claessen, M. (2019). Evaluating the efficacy of a small-group oral narrative intervention programme for pre-primary children with narrative difficulties in a mainstream school setting. *Australian Journal of Learning Difficulties*, 24(1), 1-20.

| For Who | 5-6 yr olds Weak narrative skills |
|----------------|---|
| What | Oral Narrative Intervention Programme (ONIP) – content/design based on a lit review + profiling study Explicit teaching of macrostructure, applying knowledge of macrostructure, modelling of microstructure Full programme can be downloaded freely from: https://www.languageandliteracyinyoungpeople.com/apps-resources |
| Works | Multiple baseline single-subject research design, replicated across 11 participants with a staggered baseline Statistical and clinical significance measured Changes in macrostructure and some microstructure |
| Best | Test of Narrative Language (standardised) Bespoke single picture narrative generation task (Black Sheep Press) |
| When and Where | Small group in a mainstream school context led by a speech pathologist |

Oral Narrative Intervention Programme (Glisson, Leitao & Claessen 2019)

If YES?



Freely available to download and use

https://www.languageandliteracyinyoungpeople.com/apps-resources

FREE: ORAL NARRATIVE INTERVENTION PROGRAMME (ONIP)

This is a freely available oral narrative programme delivered in a book sharing context. The manual contains the background, links to the literature and theory, and 18 session plans. It was designed, developed and evaluated by Laura Glisson in her MPhil research. Links to her thesis and published paper are on our RESEARCH AND RESOURCES page on this website.

ACCESS THE ORAL NARRATIVE INTERVENTION PROGRAMME HERE

Understanding the evidence is **more** than just reading and using the quantitative research



Qualitative studies: client and family perspectives

- de López, K. M. J., Feilberg, J., Baena, S., Lyons, R., Harding, S., Kelić, M., ... & Rodriguez-Ortiz, I. R. (2021). "So, I told him to look for friends!" Barriers and protecting factors that may facilitate inclusion for children with Language Disorder in everyday social settings: Cross-cultural qualitative interviews with parents. Research in Developmental Disabilities, 115, 103963.
- Ash, A. C., Christopulos, T. T., & Redmond, S. M. (2020). "Tell me about your child": A grounded theory study of mothers' understanding of language disorder. *American journal of speech-language pathology*, 29(2), 819-840.
- Lyons, R., & Roulstone, S. (2018). Listening to the voice of children with developmental speech and language disorders using narrative inquiry: Methodological considerations. *Journal of Communication Disorders*, 72, 16-25.

Advocacy and clinician perspectives

- McGregor, K. K., Goffman, L., Van Horne, A. O., Hogan, T. P., & Finestack, L. H. (2020). Developmental language disorder:
 Applications for advocacy, research, and clinical service. *Perspectives of the ASHA Special Interest Groups*, 5(1), 38-46.
- Matić, A., Kuvač Kraljević, J., Kogovšek, D., Novšak Brce, J., & Roch, M. (2021). Developmental language disorder and associated misconceptions: a multi-country perspective. Hrvatska revija za rehabilitacijska istraživanja, 57(1), 145-157.

I love the sound of all of all of this BUT I can't access the articles to read 😊



I love the sound of all of all of this BUT I can't access the articles to read ⁽²⁾

Is it open access? (freely accessible) If not:

- Email the author (we like it ©)
- Have a look at the research group/author's website many of us have learned about self-archiving thanks to @CSDisseminate; we now know about accepted versions/postprints and when we can post these to freely share
- Subscribe to a service such as @TheInformedSLP who do so much of the work for us!!

USE SPEECHBITE to stay up to date

http://www.speechbite.com/index.php

- SpeechBITE is a database of intervention studies across the scope of speech pathology practice. Keep up to date with recent treatment research in speech pathology.
- Sign up and speechBITE will send you monthly updates on the newest references added to the speechBITE database.

When I came to record version 4......

• Rinaldi, S., Caselli, M. C., Cofelice, V., D'Amico, S., De Cagno, A. G., Della Corte, G., ... & Zoccolotti, P. (2021). Efficacy of the Treatment of Developmental Language Disorder: A Systematic Review. *Brain Sciences*, 11(3), 407.

Early intensive intervention in three- and four-year-old children has a positive effect on phonological expressive and receptive skills and acquisitions are maintained in the medium term. Less evidence is available on the treatment of expressive vocabulary (and no evidence on receptive vocabulary). Intervention on morphological and syntactic skills has effective results on expressive (but not receptive) skills; however, a number of inconsistent results have also been reported. Only one study reports a positive effect of treatment on inferential narrative skills. Limited evidence is also available on the treatment of meta-phonological skills. More studies investigated the effectiveness of interventions on general language skills, which now appears as a promising area of investigation, even though results are not all consistent. Conclusions. The effectiveness of interventions over expressive and receptive phonological skills, morpho-syntactic skills, as well as inferential skills in narrative context underscores the importance that these trainings be implemented in children with DLD.

USE SPEECHBITE to learn to evaluate the EB



Register to use the program and get started.

the speechBITE website.

Please note: This program is designed as an educational resource and is not for becoming a rater for

Speech Pathology Database for Best Interventions and Treatment Efficacy





ASHA is another great site for EBP resources.

You can start at the research page:

http://www.asha.org/research/

• Or for lots of reviews and guidelines go to:

http://www.asha.org/members/ebp/compendium/

LANGUAGE AND LITERACY IN YOUNG PEOPLE

https://www.languageandliteracyinyoungpeople.com/

Here are some of the DLD people to follow on Twitter using #DevLangDis



Dorothy Bishop @deevybee Courtney Norbury @lilaccourt Susan Ebbels @SusanEbbels Pamela Snow @PamelaSnow2 Tanya Serry @tserry2504 Stephen Parsons @WordAware Julia Starling @JuliaStarling4 Natalie Munro @Natalie Munro 3 Nathaniel Swain @Nathaniel RSwain Lisa Archibald @larchiba6 Susan Rvachew @ProfRvach Emina McLean @EminaMcLean Becky Clarke @BeckyClark22 Haleý Tancredi @HaleyTanc Suze Leitao @Suze_Freogirl Robert Wells @RobertPWells Charlotte Forwood @talkinged19 Emily May Jackson @EmilyMayJackson David Kinnane @speechbloke

Kathryn Thorburn @Lang_LearnSP
Karla McGregor @mcgregor_karla
Emily Dawes @EmilyDawesSLP
Laura Glisson @LauraGlisson
Mary Claessen @SpeechMary
Samuel Calder @SamuelDCalder
Shaun Ziegenfusz @ShaunZiegenfusz
Victoria Joffe @vjoffe
Billie Lowe @HilaryLowe2
Josephine Wallinger @jowallinger
Patricia Eadie @paeadie
Tim Kittel@TimothyKittel
Tiffany Hogan @tiffanyphogan
Lizz Hill @LizzHillSP
Tina Kilpatrick @tinakilpatrick1



From research to the clinic: Understanding and using intervention evidence

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Presented online at the 1st International Developmental Language Disorder Research Conference (IDLDRC2021) 20-22 September 2021 – The DLD Project